

## डॉ. ऋचा अग्रवाल

स्त्री एवं प्रसूति रोग विशेषज्ञ

- गर्भवती महिलाओं नियमित जांच
- हाईरिस्क प्रेगनेंसी केयर
- नार्मल एवं सिजेरियन डिलेवरी
- प्री एंड पोस्ट डिलीवरी केयर
- बांझापन (इनफर्टिलिटी) का इलाज
- बच्चेदानी की गांठ का लेप्रोस्कोपिक ऑपरेशन
- माहवारी से संबंधित समस्त गड़बड़ियों का उपचार



156, महादेव नगर, अक्षरधाम मंदिर के पीछे, वैशाली नगर, गांधी पथ, जयपुर

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# What is High Risk Pregnancy ?

High-risk pregnancies require closer monitoring, specialized care, and often involve interventions to manage and reduce potential risks. Some factors that can contribute to a high-risk pregnancy include-

**Advanced Maternal Age:** Pregnancy in women who are 35 years old or older is considered advanced maternal age. Older mothers are at increased risk for conditions like gestational diabetes, high blood pressure, and genetic abnormalities.

**Medical Conditions:** Pre-existing medical conditions such as diabetes, hypertension, heart disease, autoimmune disorders, and kidney disease can complicate pregnancy and require careful management.

**Multiple Pregnancies:** Carrying twins, triplets, or more increases the risk of complications such as premature birth and low birth weight.

**History of Pregnancy Complications:** Women who have previously experienced pregnancy complications such as preterm birth, preeclampsia, or gestational diabetes are at higher risk for recurrence.

**Genetic Conditions:** Genetic disorders and chromosomal abnormalities can increase the risk of birth defects and developmental issues in the fetus.

**Lifestyle Factors:** Smoking, alcohol consumption, drug use, and poor nutrition can contribute to pregnancy complications.

**Obesity:** Being overweight or obese during pregnancy increases the risk of gestational diabetes, preeclampsia, and cesarean delivery.

**Infections:** Certain infections, such as rubella, cytomegalovirus (CMV), and toxoplasmosis, can pose risks to the developing fetus.

**Placental Issues:** Conditions like placenta previa (placenta covering the cervix) or placental abruption (premature separation of the placenta) can lead to bleeding and other complications.

**Uterine Abnormalities:** Structural abnormalities of the uterus can increase the risk of miscarriage and preterm birth.

**Medical Procedures:** Certain medical procedures, such as fertility treatments or surgeries on the reproductive organs, can increase the risk of complications during pregnancy.

**History of Pregnancy Loss:** Women who have experienced recurrent miscarriages or stillbirths are considered at higher risk for subsequent pregnancies.

Dr. Richa Agarwal is widely regarded as one of the **Best gynecologists in Jaipur**, known for her exceptional expertise in managing high-risk pregnancies. With a wealth of experience and a dedication to providing compassionate and specialized care, Dr. Agarwal has established herself as a trusted name in the field of obstetrics and gynecology.

Her proficiency in handling high-risk pregnancies is a testament to her commitment to ensuring the health and well-being of both expectant mothers and their babies. Dr. Richa Agarwal have more then 10 years experience of medical conditions, coupled with her advanced diagnostic skills, enables her to accurately identify and manage potential complications that may arise during pregnancy.

Dr. Agarwal's approach extends beyond clinical excellence. Her ability to communicate effectively with patients, addressing their concerns and providing clear guidance, fosters a sense of trust and reassurance. Her patients often speak highly of her warm demeanor and her willingness to provide personalized care tailored to each individual's needs.

Dr. Richa Agarwal stands out as a beacon of excellence for expectant mothers seeking the highest level of care during their **high risk pregnancy Treatment in Jaipur**. Her unwavering commitment to the health and well-being of her patients has rightfully earned her the trust and admiration of the community she serves.

## Dr. Richa Agarwal

Obstetrician & Gynaecologist Jaipur Raj.

Specialist in Antenatal care, Infertility, and Laparoscopic Surgeries.

**Address** - Plot No.156, Mahadev Nagar, Behind Akshardham Temple,  
Vaishali Nagar, Jaipur, Rajasthan 302021

**Mobile no.** - 7891077889

**Email id** - [drrichaagarwalgynaecologist@gmail.com](mailto:drrichaagarwalgynaecologist@gmail.com)

**Website** - <https://www.shecare.co/>

